

(72) CALLAHAN, Thomas, CA
(72) EDMUNDS, Lyle, CA
(71) CALLAHAN, Thomas, CA
(71) EDMUNDS, Lyle, CA
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(54) **POIDS POUR PATINS**
(54) **SKATE WEIGHT(S)**



(57) A device of weight designed to fit various types of skates i.e., ice skates, roller skates and inline skates/roller blades. The weights are designed to be used for exercising, training and conditioning to strengthen the ankles, and targeted muscles of the legs needed for skating while also enhancing ones performance for competitive sports and/or recreational exercise. It is a device filled/embodied with various amounts of weight which are easily affixed/attached to and removed from skates. This will be comprised of different types and designs such as: 1A) Which is of the type that fits over the toe of the skates, extending down the sides and around the heel or back portion of the skate. This design is to ensure even weight distribution of the whole of the skate. It will be secured with fasteners of different types, such as, screw & nut fastener, Velcro fastener, buckle & grommet fastener, clip/hook fastener also strap fastener. These fasteners are designed to secure the weight to all sizes of skates. 1B) Weights are of the type that fit over and around the metatarsal (top of skate) from skate ankle to start of skate toe as depicted in diagram 1B. Will be fastened/secured on the side, top or underneath/bottom of skate depending on the style or type of weight(s) used. Weights will be fastened/secured with various types of fasteners such as a screw & nut fastener, Velcro fastener, buckle & grommet fastener, clip/hook fastener and strap fastener. This product Skate Weight(s) is designed to be used by all ages of skaters which will develop and enhance stronger skating muscles while increasing ones endurance. Consumers, as a result will enjoy a more fulfilling workout whether it be for competitive or recreational skating. The weights comprised of metal, composite or metal pellet's will be contained, housed or secured in leather, nylon, plastic, rubber, synthetic, composite, etc., depending on the type of design, material durability and cost consideration to the consumer. The type of fastener to be used will depend on the type of material which will ensure a high standard of quality, fit and design.

ABSTRACT

A device of weight designed to fit various types of skates i.e., ice skates, roller skates and inline skates/roller blades.

The weights are designed to be used for exercising, training and conditioning to strengthen the ankles, and targeted muscles of the legs needed for skating while also enhancing ones performance for competitive sports and/or recreational exercise.

It is a device filled/embodyed with various amounts of weight which are easily affixed/attached to and removed from skates.

This will be comprised of different types and designs such as:

1A) Which is of the type that fits over the toe of the skates, extending down the sides and around the heel or back portion of the skate. This design is to ensure even weight distribution of the whole of the skate. It will be secured with fasteners of different types, such as, screw & nut fastener, Velcro fastener, buckle & grommet fastener, clip/hook fastener also strap fastener. These fasteners are designed to secure the weight to all sizes of skates.

1B) Weights are of the type that fit over and around the metatarsal (top of skate) from skate ankle to start of skate toe as depicted in diagram 1B. Will be fastened/secured on the side, top or underneath/bottom of skate depending on the style or type of weight(s) used. Weights will be fastened/secured with various types of fasteners such as a screw & nut fastener, Velcro fastener, buckle & grommet fastener, clip/hook fastener and strap fastener.

This product **Skate Weight(s)** is designed to be used by all ages of skaters which will develop and enhance stronger skating muscles while increasing ones endurance. Consumers, as a result will enjoy a more fulfilling workout whether it be for competitive or recreational skating.

The weights comprised of metal, composite or metal pellet's will be contained, housed or secured in leather, nylon, plastic, rubber, synthetic, composite, etc., depending on the type of design, material durability and cost consideration to the consumer. The type of fastener to be used will depend on the type of material which will ensure a high standard of quality, fit and design.

SPECIFICATIONS

The present invention relates to a weight used for various types of skates for the purpose of developing and enhancing the leg muscles needed and used for skating, increasing endurance for skaters of all size, age and gender whether it be used for recreational or competitive sports.

Individuals who have weak ankles, underdeveloped leg muscles or those lacking in stamina.

Consumers who want to use Skate Weight(s) as a resistant to help develop the appropriate muscles of the legs and increase their cardiovascular workout.

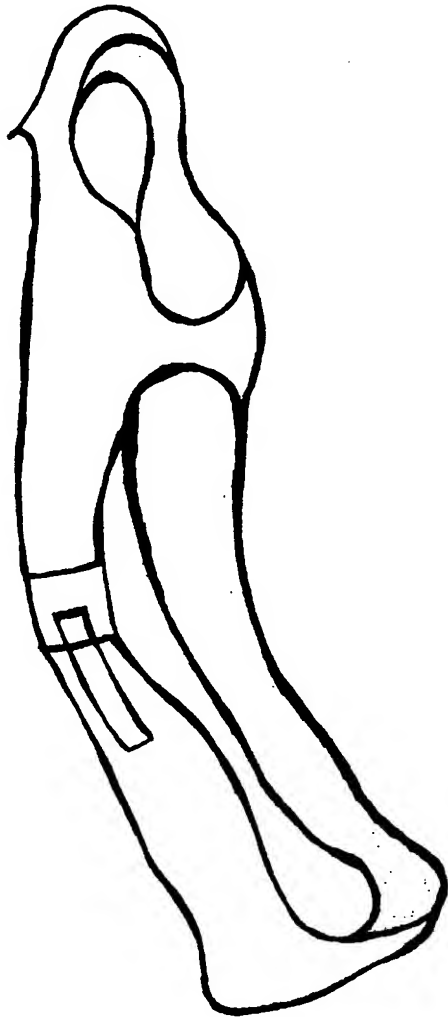
Consumers, such as professional & amateur athletes who currently use the equipment in the gyms for training, developing and strengthening their leg muscle will now have available to them another training alternative to develop, strengthen and target the proper muscles needed and used for skating.

After testing our different proto types and designs of this product (Skates Weights), it was realized that by attaching these types of weights to a skate, it enhanced ones skating skills by targeting and developing the proper muscle groups of the legs needed and used for skating. The Skate Weight(s) will vary in shape and size according to ones preference, needs, gender, age and size etc.

The embodiments of the invention which an exclusive property or privilege is claimed are defined as follows:

- 1) The Skate Weight comprising of:
metal weights/composite, metal pellet's covered, contained or housed in a selected material encompassing the shape of the skate as in design 1A.& 1B.
- 2) The name, **Skate Weight(s)** as claimed in claim 1 where fasteners are used of various types as stated in Abstract/Specifications to secure and provide a comfortable fit to the different types of skates, i.e. ice skates, roller skates and inline skates/roller blades.
- 3) Skate Weight(s) as claimed in claims 1&2 to add weight to skates to provide resistance while targeting and strengthening the appropriate muscles of the legs used for skating while also increasing ones endurance.
- 4) Skate Weight(s) as claimed in claims 1,2&3, wherein the sizes, shapes and design of weights are determined by the type and shape of the skate.
- 5) The weight of the Skate Weight(s) as claimed in claims 1,2,3&4 will be determined by the consumer. This will be due to their gender, age and size, etc. and ones individual preferences and needs.

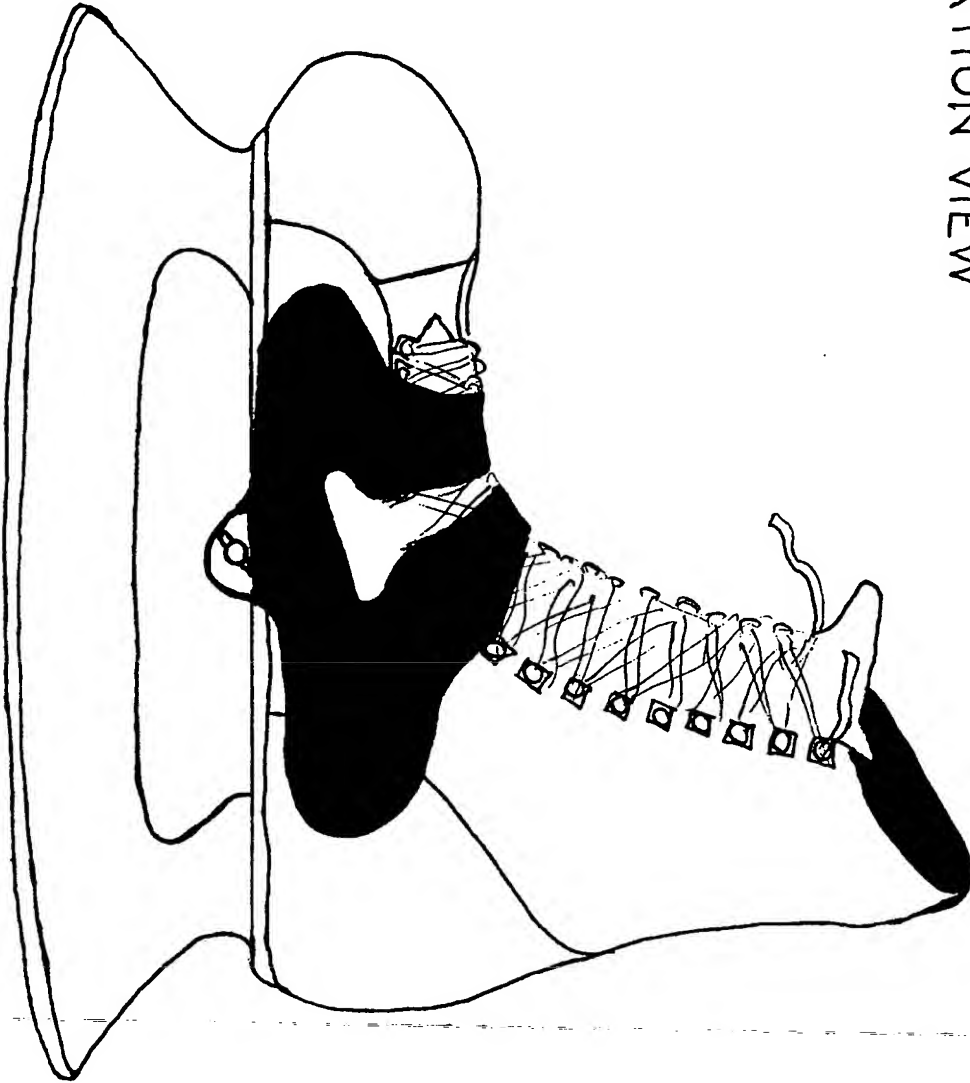
SKATE WEIGHT: FIG. 1A
TYPE: HOOK & SNAP CLIP FASTENER
SIDE ELEVATION VIEW



DIMENSIONS & SIZES WILL VARY ACCORDING TO SKATE SIZE.

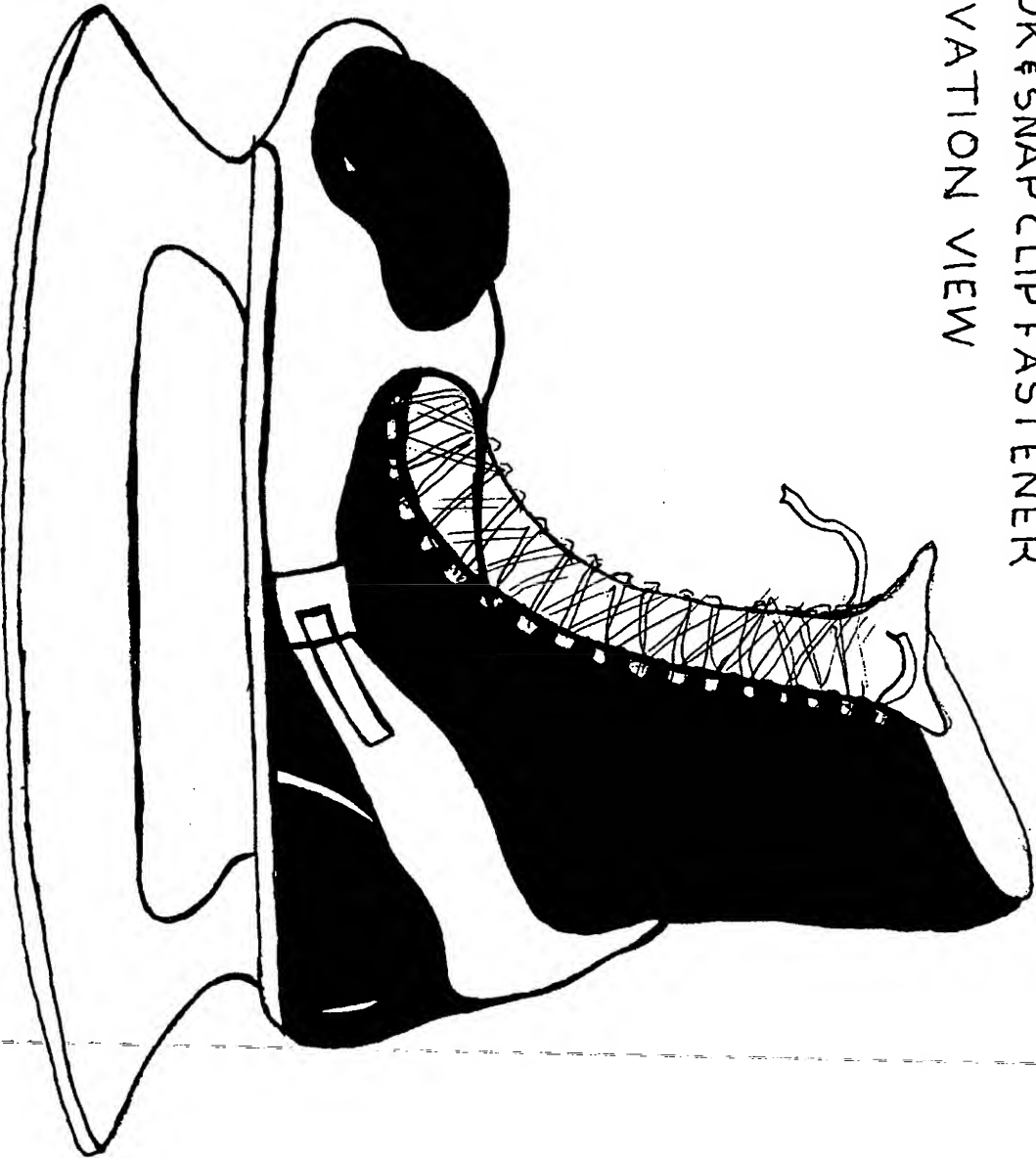
Fig. 1A

SKATE WEIGHT: FIG. 1B
TYPE: WING NUT & SCREW
SIDE ELEVATION VIEW



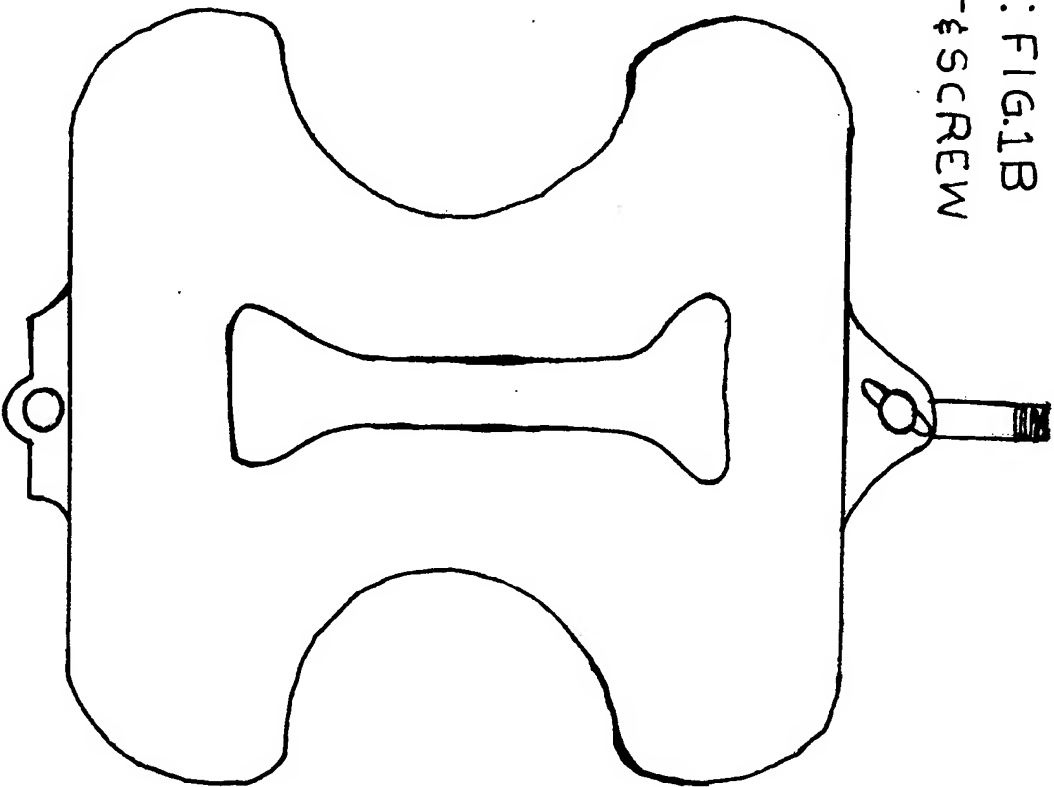
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SKATE WEIGHT: FIG. 1A
TYPE: HOOK & SNAP CLIP FASTENER
SIDE ELEVATION VIEW



1/3
1/4

SKATE WEIGHT: FIG. 1B
TYPE: WING NUT & SCREW
PLAN VIEW



DIMENSIONS & SIZES WILL VARY ACCORDING TO SKATE SIZE.

1-3.
1-4.

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